



Dr Deborah Luepnitz: Clinical Faculty, Department of Psychiatry at the University of Pennsylvania School of Medicine. Deborah is the author of 'The Family Interpreted: Psychoanalysis, Feminism, and Family Therapy' (Basic Books, 1988), and 'Schopenhauer's Porcupines: Intimacy and Its Dilemmas' (Basic Books, 2002) that demonstrates her use of Winnicott and Lacan in clinical practice; and contributing author to the 'Cambridge Companion to Lacan' (2003). She maintains a private practice and consults to a shelter for mentally ill homeless women.



Dream interpretation is a stunningly effective, curiously underutilised technique in the treatment of couples and families. This lecture will begin with a review of various western interpretive methods and then describe the presenter's use of dream work with couples. Dr. Luepnitz has found that an impasse in treatment can often be broached with an appeal to dreams which function as an analytic "third," providing respite from compulsive conflict and insight into the dreamer's contribution to the deadlock. Working at this level doesn't preclude problem-solving about everyday life. The art of psychotherapy involves moving between the "upper" and "lower" worlds propitiously. But in a culture which in many ways depletes depth, attending to dreams can be the best way that intimate partners can glimpse the other's inner life.

Tjanara Goreng Goreng: Founder and Convenor, Foundation for Indigenous Trauma Recovery; Director, Commonwealth State Strategy, Office of Indigenous Policy Coordination.



"Essence and Spirit of Indigenous Culture and Spirituality"

The address will focus on the essence of Indigenous Culture and Spirituality. It will address history, traditions, the psychology of Indigenous knowledge and its use in the governance and community structures of Indigenous life. The general focus of the talk will be on how the reviving of spirituality, culture and lore/law in everyday life for Indigenous people will affect their wellbeing and recovery from acculturation (adapting to a majority culture to survive). The author will show how traditionally indigenous Australians balanced their lives, emotionally, mentally, physically and spiritually so that peace, harmony and contentment were part of the daily life. She will also discuss how traditional cultural law and practice and governance was based in law and spirituality and allowed people to live in harmony with each other and with nature. The implications of this for counselling and psychotherapy will be elaborated.

Lawrie Moloney: Author, lecturer, former Director of Counselling at the Family Court and Co-director of "Children in Focus" a program aimed at assisting high conflict families devise solutions in the interests of their children. See www.childreninfocus.org.



"Self and other after nine eleven. Challenges to therapeutic assumptions"

I want to argue that underlying most of our clients' presenting problems are struggles with nurturing and being nurtured, difficulties with feelings of personal and social equality, and anxieties about personal freedom. I wish to explore these universal tensions in the context of the response of our Australian, American and British leaders to the perceived global threats coming from "the other" since the destruction of the World Trade Centre. I want to invite therapists and counsellors to consider whether our clients are expressing or contextualising their concerns differently since nine eleven, and whether our practice as professionals has altered? If therapy has an essence, does it transcend "global change"? If practice has spirit, should that spirit challenge, ignore or accommodate to the world we are creating post September 2001?

PACFA 2006 National Conference

Essence and Spirit

25th and 26th August 2006

Melbourne, Victoria

Conference Theme

The 2006 PACFA Conference will be a practitioners' conference. The theme invites us to explore issues, common to all models and approaches to counselling and psychotherapy, that constitute the core of our work. In keynote addresses and conference presentations these issues will be viewed through the varying lenses of clinical experience, process research, and the values and epistemology underlying clinical practice and service delivery.

Workshops

Thursday 24th August 2006

Aboriginal Law, Spirituality and Medicine for Wellbeing

Tjanara Goreng Goreng: Founder and Convenor, Foundation for Indigenous Trauma Recovery; Director, Commonwealth State Strategy, Office of Indigenous Policy Coordination.

This full day workshop will introduce participants through song, music, dance and ceremony to Aboriginal law, spirituality and medicine practice which supports wellbeing. Non-Indigenous cultures can learn much from the practice of law and spirituality in Aboriginal lives and this will be conveyed through the workshop in dialogue, interaction and practice. Tjanara will lead participants through a day of 'living and being' Indigenous and introduce people to skills which can be used to support Indigenous people in counseling and psychotherapy situations.

As a traditional medicine practitioner Tjanara will also demonstrate healing modalities and teach those present a simple technique of medicine for personal wellbeing. The workshop will end with a smoking ceremony for purification.

Child Sensitive Practices at the Time of Family Transition

Lawrie Moloney: Author, lecturer, former Director of Counselling at the Family Court and Co-director of "Children in Focus" a program aimed at assisting high conflict families devise solutions in the interests of their children.

In Australia, approximately one in twelve children in the *general* population will at some time present with a mental health problem. Amongst the *divorcing* population, however, we know that this ratio increases to one in four.

We know that this dramatic increase in child mental illness rates is not caused by the separation or divorce itself but by a *failure to manage the pre and post separation conflict*.

For a variety of reasons, many therapists and counsellors who are consulted pre or post separation and divorce either lose sight of the children or, if they focus on children's needs, struggle to include one or both parents within such a child centered perspective.

This workshop will discuss and demonstrate child focused practices and child inclusive practices in the context of family separation and divorce. At the end of this workshop, counsellors and therapists will be in a position to make an informed decision about whether to engage directly in this work, or to make a referral. The workshop will cover how to make appropriate referrals and consider how the work of the therapist or counsellor can support that of the child focused or child inclusive practitioner.

Book early for workshops as numbers are limited.

Workshops will run from 9:30 am to 4:30 pm and will include lunch and refreshments.

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Information Open Day



Psychotherapy & Counselling
Federation of Australia

Join PACFA and our Member Associations on Saturday 26th August!

We are pleased to announce that at this year's conference we will be holding an Open Day Exhibition for members of the public, practitioners, students and health professional, providing the opportunity for you to meet with the PACFA team and our Member Associations.

This free event runs from 1pm to 5pm at Cliftons Conference Centre - Level 1, 440 Collins Street, Melbourne.

Representatives from the PACFA Member Associations will be on hand to provide general information, answer your queries and assist with all membership applications.

The PACFA Committee Chairs will also be available to answer your queries regarding Ethics, the PACFA National Register, Training Standards and Course Accreditation.

To register your interest in the Open Day Exhibition, please email samantha@pacfa.org.au.

Psychotherapy in Australia Annual Writers Award

The PACFA Board invites all conference delegates to join us on Friday 25th August at 5pm for the Inaugural Psychotherapy in Australia Annual Writers Awards.

Peer Review Editor of the journal, Dr Robert King, will present a \$1000 prize each for the best scholarly article and the article that best informs the practice of psychotherapy and counselling published in the journal over the past twelve months.

This award only applies to writers from Australia and New Zealand and is designed to invite submissions to the journal of the highest standard.

Refreshments and canapés will be served from 5.00 - 8.00 pm

Conference Venue

The 2006 PACFA National Conference is being held at **Cliftons Conference Centre**, Level 1, 440 Collins Street, Melbourne



Accommodation

Hotel Y

489 Elizabeth Street, Melbourne

Tel. 03 8327 2777

Book online at www.hotely.com.au

Rates: \$136.00 deluxe queen or deluxe twin (room only)
Includes guest access to the Melbourne City Baths gym, spa and sauna.

What's On

From August 19 - 27 the RACV Home and Garden Expo is on at the Melbourne Exhibition Centre, Southbank, just across the Yarra River from the city; and The Age Melbourne Writers' Festival will be at various venues around Melbourne from the 25th August - 3rd September.

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Presentations

This is a provisional list of presentations, which may be subject to change.

Plenary Addresses

1. **Deborah Luepnitz:** *Dream Interpretation*
2. **Tjanara Goreng Goreng:** *Essence and Spirit of Indigenous Culture and Spirituality*
3. **Lawrie Moloney:** *Self and other after nine eleven. Challenges to therapeutic assumptions*

Workshops

1. **Neil Rodgers:** *The Personal is the Professional: situating yourself (body, mind and spirit) at the heart of your professional practice*
2. **Pamela Brear and Judy Headley:** *Unveiling the Spirit of the Inner Child*
3. **Gabrielle Peacock:** *The Essence of Learning Solutions with Families*
4. **Jamie Christie:** *An Introduction to Somatic Psychotherapy*
5. **Nigel Polak:** *The Experience of Boundary: perception to spirit*
6. **Ruth Schmidt Neven:** *Promoting the Spirit of Childhood: what gets in the way?*
7. **Theadora Wallace:** *Addressing Religious and Spiritual Issues in Counselling*

Papers

1. **Brendan McPhillips:** *The Subjectivity of the Therapist*
2. **Carmelo Scuderi:** *The Social Bond and the Treatment of Addiction*
3. **John Merchant:** *Shamanism and Psychotherapy*
4. **John White:** *Humans: physical beings with a spirit component or spiritual beings with a physical component: implications for psychotherapy*
5. **Kevin Franklin:** *Where Nature Road and Nurture Street joins there is a signpost: To unified Human and Humane Way*
6. **Peter Ellingsen:** *Freud: Fulcrum or Feather Duster?*
7. **Sally Hunter:** *The impact of early sexual experiences on the sense of self and spirit: therapeutic implications*
8. **Gillian Johnson:** *The Use of Art in Therapy*
9. **Ian Percy:** *Mindfulness and Narrative Therapy: Direct perception and storied lives*
10. **Jan Grant and Margot Schofield:** *Supervision: Perspectives on how it builds competence*
11. **Linda Gregory:** *Integration of Spirituality, Psychotherapy, Neuroscience, Science and Philosophy*
12. **Carol Holmes:** *A Contemporary Relational Approach to Therapy*
13. **Colleen Nordstrom:** *Living with Dying: the essence and spirit of life in terminal illness*
14. **Denis O'Hara:** *Psychotherapy Integration as an Epistemology of Practice*
15. **Jenny Regan:** *Exploring cultural issues that impact when counselling indigenous clients*
16. **Robin Steele:** *Awakening to Experience: the Holistic Nature of Therapeutic Change*
17. **Anthony Korner:** *Conversations in Dreaming*
18. **Margot Schofield:** *The essence of the clinical conversation: What can research training teach therapists?*

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Registration Form



Psychotherapy & Counselling
Federation of Australia

Full name (incl. title) _____
PACFA Member Association _____
PACFA Register Member Number (if applicable) _____
Student Card Number (if applicable) _____
Address _____
Ph (business hours) _____ Ph (after hours) _____
Email _____
Special Dietary Requirements _____

Please circle appropriate registration type:

* Early Bird discount for registrations made prior to May 26th 2006

Conference	Two days		25 th Aug only		26 th Aug only	
PACFA Register Member	\$335*	\$395	\$200*	\$250	\$200*	\$250
PACFA Member Assoc Member	\$365*	\$415	\$220*	\$270	\$220*	\$270
Non-Member	\$395*	\$445	\$230*	\$280	\$230*	\$280
Fulltime Student	\$230*	\$280	\$155*	\$205	\$155*	\$205
Workshop	Tjanara Goreng Goreng		Lawrie Moloney		Total Fee payable (GST Incl.) \$	
PACFA Register Member	\$140*	\$160	\$140*	\$160		
PACFA Member Assoc Member	\$140*	\$160	\$140*	\$160		
Non-Member	\$160*	\$190	\$160*	\$190		
Fulltime Student	\$100*	\$110	\$100*	\$110		

To assist with the catering, please indicate your attendance at the Psychotherapy in Australia Annual Writers Awards:

I WILL I WILL NOT be attending the awards on Friday 25th August 2006

Please pay via cheque (payable to PACFA) or Credit Card

I will pay by Cheque Visa MasterCard Bankcard
Name on Card _____
Card Number _____
Expiry Date _____
Signature _____

**APPLY NOW TO THE PACFA REGISTER
AND PAY REDUCED CONFERENCE
FEES
AS WELL AS GETTING ALL THE
BENEFITS OF BEING ON THE PACFA
NATIONAL REGISTER**

Conference Venue: The 2006 PACFA National Conference will be held at Cliftons Conference Centre, Level 1, 440 Collins Street, Melbourne, Victoria.

Cancellation Policy: If a cancellation is received prior to 8th August 2006 we will refund 50% of the fees. After 8 August no refunds can be made, but substitute delegates will be accepted.

Registration includes: welcome refreshments, morning/afternoon tea and buffet lunch. It also includes a happy hour with food and drink on Friday 25th August, after the last session. A CD-Rom of the Conference proceedings is also included as part of your registration.

Privacy Statement: Your information on this form will be used by PACFA to administer the conference and to notify you of similar events. Your name and organisation will appear on the list of delegates to be distributed at the conference. For those with special requirements, your name may be disclosed to venue staff. Should you wish for your details not to be used for these purposes, please contact the PACFA Office.

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PACFA 2006 National Conference: Essence and Spirit

Conference Programme

Friday 25th August



Psychotherapy & Counselling
Federation of Australia

8.30 - 9.00	Registrations				
9.00 - 9.45	Welcome and Official Opening				
9.45 - 10.45	Plenary Address Dr Deborah Luepnitz: <i>Moving Between the Upper and Lower Worlds: Dream Work in Psychotherapy with Individuals, Couples and Families</i>				
10.45 - 11.15	Morning Tea				
11.15 - 12.15	(1) Paper: John Merchant: <i>Shamanism and Psychotherapy</i>	(2) Paper: Linda Gregory: <i>Integration of Spirituality, Psychotherapy, Neuroscience, Science and Philosophy</i>	(3) Paper: Peter Ellingsen: <i>Freud: Fulcrum or Feather Duster?</i>	(4) Paper: Margot Schofield: <i>The essence of the clinical conversation: What can research training teach therapists?</i>	(5) Paper: Kevin Franklin: <i>Where Nature Road and Nurture Street joins there is a signpost: To unified Human and Humane Way</i>
12.15 - 1.15	Lunch				
1.15 - 2.15	(6) Workshop: Nigel Polak: <i>The Experience of Boundary: perception to spirit</i>	(7) Paper: Anthony Korner: <i>Conversations in Dreaming</i>	(8) Workshop: Ruth Schmidt Neven: <i>Promoting the Spirit of Childhood: what gets in the way?</i>	(9) Workshop: Neil Rodgers: <i>The Personal is the Professional: situating yourself (body, mind and spirit) at the heart of your professional practice</i>	(10) Workshop: Pamela Brear and Judy Headley: <i>Unveiling the Spirit of the Inner Child</i>
2.15 - 3.15	(6) Workshop: cont	(11) Paper: Gillian Johnson: <i>The Use of Art in Therapy</i>	(8) Workshop: cont	(9) Workshop: cont	(10) Workshop: cont
3.15 - 3.45	Afternoon Tea				
3.45 - 4.45	(12) Paper: Brendan McPhillips: <i>The Subjectivity of the Therapist</i>	(13) Paper: Carol Holmes: <i>A Contemporary Relational Approach to Therapy</i>	(14) Paper: Colleen Nordstrom: <i>Living with Dying: the essence and spirit of life in terminal illness</i>	(9) Workshop: cont	(10) Workshop: cont
5.00 - 6.00	Psychotherapy in Australia Annual Writers' Award and PACFA Happy Hour				

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PACFA 2006 National Conference: **Essence and Spirit**

Conference Programme

Saturday 26th August



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Federation of Australia

8.30 – 9.00	Registrations				
9.00 – 10.00	Plenary Address Lawrie Moloney: <i>Self and other after nine eleven. Challenges to therapeutic assumptions</i>				
10.00 – 11.00	Plenary Address Tjanara Goreng Goreng: <i>Essence and Spirit of Indigenous Culture and Spirituality</i>				
11.00 – 11.30	Morning Tea				
11.30 – 12.30	(15) Paper: Ian Percy: <i>Mindfulness and Narrative Therapy: Direct perception and storied lives</i>	(16) Paper: Sally Hunter: <i>The impact of early sexual experiences on the sense of self and spirit: therapeutic implications</i>	(17) Paper: Denis O'Hara: <i>Psychotherapy Integration as an Epistemology of Practice</i>	(18) Paper: John White: <i>Humans: physical beings with a spirit component or spiritual beings with a physical</i>	(19) Paper: George Magdulski: <i>Transitions in Styles of Meaning Making: Hyper-Awareness and Borderline Behaviours in Young University Students</i>
12.30 – 1.30	Lunch				
1.30 – 2.30	(20) Workshop: Jamie Christie: <i>An Introduction to Somatic Psychotherapy</i>	(21) Paper: Carmelo Scuderi: <i>The Social Bond and the Treatment of Addiction</i>	(22) Paper: Jan Grant and Margot Schofield: <i>Supervision: Perspectives on how it builds competence</i>	(23) Workshop: Theadora Wallace: <i>Addressing Religious and Spiritual Issues in Counselling</i>	(24) Workshop: Gabrielle Peacock: <i>The Essence of Learning Solutions with Families</i>
2.30 – 3.30	(20) Workshop: cont	(25) Paper: Jenny Regan: <i>Exploring cultural issues that impact when counselling indigenous clients</i>	(26) Paper: Robin Steele: <i>Awakening to Experience: the Holistic Nature of Therapeutic Change</i>	(23) Workshop: cont	(24) Workshop: cont
3.30 – 4.00	Afternoon Tea				
4.00 – 4.30	Final panel discussion and close				

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